

Nature's Way

Everyone tasted honey before. In fact, almost every home have a bottle of honey.

How to avoid buying fake and adulterate honey?

How to choose the right honey for me?

Is there more to honey than sweetness?

Honey Facts

- It is the only food that includes all the substances necessary to sustain life.
- It comes in many flavours and colours.
- It will not spoil (but may change in taste and smell).
- Among all types of honey, only Manuka honey is referred to as medicinal honey.
- Manuka honey contains high antibacterial activity that helps relieve various irritations and health problems.

PURE HONEY

Honey can be differentiated into 3 types as stated below.

Recommended to choose Pure Honey for therapeutic benefits, safety and quality.

Туре	Conditions	Advantages & Disadvantages
RAW	 No additives. No processing. Higher priced. 	 Short shelf life (> 3 months), to be taken immediately after harvest. High risk of fermentation that will change its taste, color, quality and safety.
<image/>	 No additives. Minimal processing (e.g usually is heating and filtration). Lower priced than Raw honey. 	 Longer shelf-life with low risk of fermentation. All natural properties (enzymes, bio-active components) are intact. Suitable for therapeutic use and promote good health. Risk of fake and adulteration (choose from reliable sources).
	 Most common and lower priced than Pure Honey. May contain other ingredient or additive (e.g sugar, corn syrup, flavouring). 	 Minimal health benefits. More for pleasure eating as it taste sweeter with more flavours to choose.



Our vision

Every home needs a quality honey.



Nature's Way Australian Manuka Honey is

- Hand-harvested from pristine Berringa coastal forests and bushland in Australia.
- Pure, unprocessed (only filtered) honey to preserve all bio-active components.
- Each batch is tested for Bio-Active components concentrations.

Pure Gold Australian Manuka Honey Pure . Bio-Active . Authentic

Nature's Way.

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BIO-ACTIVE

Bio-Active Australian Honey

- Australia is home to 83 of the 87 known Leptospermum species worldwide. Only one species is found in New Zealand.
- This variety of species plus Australia's warmer climate enable the bees to produce honey with higher amounts of bio-active components methylglyoxal (MGO) compared to New Zealand.
- This fact has since been acknowledged by world experts in honey production.



BIO-ACTIVE HONEY

Every Home Needs A Quality Honey.

Using the right honey for the right problem.



For general use

▶ ► mild strength

- Natural sugar substitute.
- Promote body immunity and vitality.
- Relieve mild discomfort (throat, digestive).



For mild irritation and health problems

medium strength

- Support recovery from cold and flu.
- Soothe coughing and sore throat.
- Soothe dry cough resulted from taking certain medications.



For recovery and prevention of various health problems

high strength

- Promote oral health through elimination of oral bacterial associated with plaque formation, gum inflammation and tooth decay.
- Relieve gingivitis and periodontal disease.
- Relieve digestive problems (constipation, diarrhea, abdominal pain and irregular bowel movements.
- Aid in wound healing.

AUTHENTIC

Nature's Way uses only Berringa Australian Manuka Honey.

Berringa are an industry leader with over 20 years experience.

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They partnered with international universities to research the properties of Australian Manuka Honey.

Each batch are individually tested to certified the levels of MGO and purity of the honey.



Certification Reason Manuka Honey sourced from the Berringa region that is famed for its high quality honey. AUSTRALIAN HONEY The Australian Manuka Honey AUSTRALIAN Association (AMHA) is the leading ΜΑΝЦΚΑ national body for the production HONEY ASSOCIATION and promotion of Manuka honey in Australia. • Each batch are tested using proven MGO measurement methodology. The tests are conducted by Australian Government NATA WORLD RECOGNISED accredited laboratories. ACCREDITATION ditation No. 15281 Made in Australia from 100% Australian 100% made in Australia. ingredients



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For more information, please scan the QR code. or visit www.naturesway.com.au/category/manuka-honey/product/

